

Mehlville

Apr 3, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

MS Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/03/2024									
MS Lunch	Total	100							
MSD-Mozzarella Breaded Sticks	5 each	20	431	479	3.86	19.92	41.23	20.71	8.03
MSD-Seasoned Grn Beans, frozen	1/2 C	65	29	7	2.54	1.27	5.15	0.55	0.25
MSD-Applesauce, indiv. cup	1 each	65	51	2	1.00	0.0	14.0	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			618	749	7.50	28.99	87.20	17.97	6.64
% of Calories						18.8%	56.4%	26.2%	9.7%
Nutrient Guideline			600-700	1360					<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 04/04/2024									
MS Lunch	Total	100							
MSD-Walking Taco	1 each	20	413	752	4.00	26.1	34.02	19.08	7.05
MSD-Steamed Broccoli	1/2 C	50	49	43	2.37	1.54	4.74	1.96	0.89
MSD-Frzn indivd, strawbry cup	1 each	65	80	0	2.00	1.0	19.0	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
MSD-salsa	1 each	10	20	280	2.00	0.0	4.0	0.0	0.00
MSD-sour cream packets	1 each	10	57	14	0.00	0.94	1.89	4.73	3.31
Weighted Daily Average			647	849	7.91	30.92	88.62	18.74	7.05
% of Calories						19.1%	54.8%	26.1%	9.8%
Nutrient Guideline			600-700	1360					<10.00

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Mehlville

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MS Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/05/2024									
MS Lunch	Total	100							
MSD-Buffer Buffalo Chkn Pasta, diced	1 cup	20	346	447	4.20	24.97	36.39	12.49	4.47
MSD-Seasoned Peas, frz	1/2 Cup	50	80	75	4.78	4.75	13.2	0.62	0.28
MSD-Cinnamon Pears	1/2 Cup	50	71	4	2.07	0.89	17.9	0.01	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			625	777	8.69	32.00	89.33	16.28	5.90
% of Calories						20.5%	57.2%	23.5%	8.5%
Nutrient Guideline			600-700	1360					<10.00

Mon - 04/08/2024									
MS Lunch	Total	100							
MSD-Corn Dog	1 each	20	304	385	1.01	13.16	26.32	15.19	3.54
MSD-Baked Beans w/brown sugar	1/2 Cup	50	153	276	4.91	6.88	30.84	0.98	0.00
MSD-Mixed Berry Cup	1 each	65	90	0	2.01	0.0	20.07	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	45	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	85	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			682	872	8.51	30.29	101.75	17.01	5.58
% of Calories						17.8%	59.7%	22.4%	7.4%
Nutrient Guideline			600-700	1360					<10.00

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Base Menu Spreadsheet

MS Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 04/09/2024									
MS Lunch	Total	100							
MSD-Dominos, (choice) all	1 slice	40	310	572	1.60	21.2	34.2	10.6	3.70
MSD-Sweet Potato Fries, McCain	2.49 oz	40	108	156	1.96	0.98	15.65	3.42	0.49
MSD-Berries in a Cloud	1/2 Cup	50	67	0	2.05	0.66	12.22	2.25	2.02
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn ftt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			603	829	6.22	29.06	85.20	16.53	5.83
% of Calories						19.3%	56.5%	24.7%	8.7%
Nutrient Guideline			600-700	1360					<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 04/11/2024									
MS Lunch	Total	100							
MSD-Cheese Bites w/marinara	4 each	20	321	618	5.38	16.72	36.08	12.54	3.78
MSD-Steamed Broccoli	1/2 C	50	49	43	2.37	1.54	4.74	1.96	0.89
MSD-frz peaches, indiv. 4oz pk	1 each	65	80	0	1.00	1.0	19.0	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn ftt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			621	793	7.34	28.94	88.44	16.95	6.07
% of Calories						18.7%	57.0%	24.6%	8.8%
Nutrient Guideline			600-700	1360					<10.00

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MS Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/12/2024									
MS Lunch	Total	100							
MSD-Ckn brst tender, Gold Crk	3 each	20	221	462	2.01	22.08	14.05	7.02	1.51
MSD-Biscuit	1 each	15	200	690	1.00	4.0	25.0	9.0	6.00
MSD-Mashed Potatoes w/Gravy	1/2 C	85	110	571	0.00	0.0	16.0	5.1	0.50
MSD-Pineapple Tidbits, canned	1/2 Cup	60	70	10	1.00	1.0	17.0	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			690	1335	5.58	29.80	96.86	20.56	6.50
% of Calories						17.3%	56.2%	26.8%	8.5%
Nutrient Guideline			600-700	1360					<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/15/2024									
MS Lunch	Total	100							
MSD-Pizza Rippers, Chz	4 oz	20	340	300	2.00	23.0	32.0	13.0	4.00
MSD-Seasoned Grn Beans, frozen	1/2 C	65	29	7	2.54	1.27	5.15	0.55	0.25
MSD-Pears, canned	1/2 cup	50	60	5	2.00	0.0	16.0	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			597	715	7.47	29.61	84.25	16.43	5.83
% of Calories						19.8%	56.4%	24.8%	8.8%
Nutrient Guideline			600-700	1360					<10.00

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MS Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 04/16/2024									
MS Lunch	Total	100							
MSD-Dominos, (choice) all	1 slice	40	310	572	1.60	21.2	34.2	10.6	3.70
MSD-V Broccoli w/Cheese Sauce	1/2 cup	65	110	377	1.91	6.45	6.43	5.86	3.90
MSD-Warm Apples	1/2 cup	65	54	15	1.16	0.01	11.71	0.92	0.42
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn ftt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			633	1021	6.41	32.54	84.62	18.44	7.43
% of Calories						20.6%	53.5%	26.2%	10.6%
Nutrient Guideline			600-700	1360					<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/17/2024									
MS Lunch	Total	100							
MSD-Totchos	1 each	20	445	1030	5.14	28.02	31.26	22.09	8.63
MSD-Spanish Rice	1/2 CUP	15	123	3	0.44	2.39	26.84	0.22	0.06
MSD-mandarin oranges	1/2 cup	65	57	8	0.81	0.81	13.77	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn ftt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
MSD-salsa	1 each	10	20	280	2.00	0.0	4.0	0.0	0.00
Weighted Daily Average			626	887	6.24	30.67	86.13	17.92	6.60
% of Calories						19.6%	55.0%	25.8%	9.5%
Nutrient Guideline			600-700	1360					<10.00

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Thu - 04/18/2024									
MS Lunch	Total	100							
MSD-Cheese Quesadilla	1 each	20	302	675	4.03	16.11	39.27	10.07	3.02
MSD-Refried Beans, Basic Amn	1/2 cup	45	154	751	8.97	10.16	23.4	2.52	1.18
MSD-Sidekick frzn juice cup	1 each	80	90	35	0.00	0.0	22.0	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			682	1148	9.27	31.97	102.49	16.61	6.00
% of Calories						18.8%	60.1%	21.9%	7.9%
Nutrient Guideline			600-700	1360					<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/19/2024									
MS Lunch	Total	100							
MSD-Orange Chicken, Yangs	3.6	20	146	273	0.00	10.72	18.52	2.92	0.49
MSD-Brown Rice	1/2 C	15	110	7	1.05	2.31	22.16	1.28	0.37
MSD-Carrots, frozen	1/2 C	45	45	66	3.03	0.53	7.11	1.81	0.65
MSD-Mixed fruit, canned	1/2 cup	50	71	8	1.25	0.5	18.69	0.09	0.01
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	45	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			585	737	6.69	27.19	86.89	15.12	5.32
% of Calories						18.6%	59.4%	23.3%	8.2%
Nutrient Guideline			600-700	1360					<10.00

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Mehlville

Apr 3, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

MS Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/22/2024									
MS Lunch	Total	100							
MSD-Popcorn Ckn, Gold Crk	10 pieces	20	251	572	2.01	18.06	16.06	13.05	2.01
MSD-Steamed Broccoli	1/2 C	40	49	43	2.37	1.54	4.74	1.96	0.89
MSD-Berries in a Cloud	1/2 Cup	50	67	0	2.05	0.66	12.22	2.25	2.02
MSD-Dirt Pudding Cup, Oreo	servings	85	205	205	1.50	2.5	34.0	6.0	0.75
MSD-Bug Bites Grahams	1 each	85	122	116	1.01	2.03	21.27	3.55	1.01
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	45	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	85	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			868	1062	9.05	32.62	126.21	26.11	8.14
% of Calories						15.0%	58.2%	27.1%	8.4%
Nutrient Guideline			600-700	1360					<10.00

Tue - 04/23/2024									
MS Lunch	Total	100							
MSD-Dominos, (choice) all	1 slice	40	310	572	1.60	21.2	34.2	10.6	3.70
MSD-Sweet Potato Fries, McCain	2.49 oz	35	108	156	1.96	0.98	15.65	3.42	0.49
MSD-Warm Apples	1/2 cup	65	54	15	1.16	0.01	11.71	0.92	0.42
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			599	831	5.85	28.69	85.92	15.83	5.06
% of Calories						19.2%	57.4%	23.8%	7.6%
Nutrient Guideline			600-700	1360					<10.00

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Mehlville

Apr 3, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

MS Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Wed - 04/24/2024									
MS Lunch	Total	100							
MSD-Dutch Waffle	1 each	20	328	350	3.00	4.0	50.09	13.0	3.00
MSD-Sausage Links, Jennie-O	2 oz (2 links)	20	120	200	0.00	12.0	0.0	8.0	2.00
MSD-Hash Brown Round	2 each	80	100	105	1.00	1.0	16.0	3.5	0.00
MSD-fresh slc apples, indiv.	2 oz	65	30	0	1.00	0.0	7.0	0.0	0.00
MSD-Caramel Dip	1 oz	50	81	71	0.00	0.0	18.22	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-S Cnd Fruit Variety	0.5 cup	45	68	4	1.56	0.4	17.81	0.1	0.01
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			715	879	6.21	28.09	104.50	20.43	5.85
% of Calories						15.7%	58.5%	25.7%	7.4%
Nutrient Guideline			600-700	1360					<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Thu - 04/25/2024									
MS Lunch	Total	100							
MSD-Spag w/meatsauce	serving	20	300	322	6.03	21.25	34.27	8.38	3.40
MSD-Garlic Texas Toast	1 each	40	100	130	2.00	3.0	15.0	3.0	0.00
MSD-Seasoned Grn Beans, frozen	1/2 C	60	29	7	2.54	1.27	5.15	0.55	0.25
MSD-Applesauce, indiv. cup	1 each	50	51	2	1.00	0.0	14.0	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			623	769	8.45	30.39	89.45	16.68	5.70
% of Calories						19.5%	57.4%	24.1%	8.2%
Nutrient Guideline			600-700	1360					<10.00

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Mehlville

Apr 3, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

MS Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 04/26/2024									
MS Lunch	Total	100							
MSD-Pizza Crunchers	4 each	20	424	777	5.05	20.19	41.39	20.19	8.08
MSD-Baked Beans w/brown sugar	1/2 Cup	50	153	276	4.91	6.88	30.84	0.98	0.00
MSD-Mixed Berry Cup	1 each	50	90	0	2.01	0.0	20.07	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	45	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	85	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			693	950	9.01	31.69	101.75	18.01	6.49
% of Calories						18.3%	58.7%	23.4%	8.4%
Nutrient Guideline			600-700	1360					<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/29/2024									
MS Lunch	Total	100							
MSD-Fiestada, WG	1 each	20	343	762	4.22	16.16	38.53	14.03	6.00
MSD-Refried Beans, Basic Amn	1/2 cup	40	154	751	8.97	10.16	23.4	2.52	1.18
MSD-Frzn indivd, strawbry cup	1 each	65	80	0	2.00	1.0	19.0	0.0	0.00
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Pizza Slc, Chz, Wild Mikes	1 each	20	389	551	3.24	21.61	36.74	18.37	8.65
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
MSD-salsa	1 each	10	20	280	2.00	0.0	4.0	0.0	0.00
MSD-sour cream packets	1 each	10	57	14	0.00	0.94	1.89	4.73	3.31
Weighted Daily Average			670	1130	10.36	32.22	96.51	17.75	6.87
% of Calories						19.2%	57.6%	23.9%	9.2%
Nutrient Guideline			600-700	1360					<10.00

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Mehlville

Apr 3, 2024 thru Apr 30, 2024

Base Menu Spreadsheet

MS Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Tue - 04/30/2024									
MS Lunch	Total	100							
MSD-Dominos, (choice) all	1 slice	40	310	572	1.60	21.2	34.2	10.6	3.70
MSD-V Broccoli w/Cheese Sauce	1/2 cup	65	110	377	1.91	6.45	6.43	5.86	3.90
MSD-Warm Apples	1/2 cup	65	54	15	1.16	0.01	11.71	0.92	0.42
MSD-MILK Variety-PF(choice)	1 each	80	144	180	0.00	8.02	22.81	2.38	1.55
MSD-B Juice Variety	1 Each	75	61	14	0.00	0.2	14.3	0.0	0.00
MSD-Chn Patty on bun-all level	1 each	20	406	659	6.06	20.35	42.35	16.82	2.55
MSD-Spicy Chkn flt, Gold Crk	1 each	20	321	631	5.01	23.07	44.06	7.52	1.00
MSD-Cheeseburger on Bun	1 each	20	327	562	3.00	21.72	27.0	14.67	5.82
MSD-B Fresh Fruit Variety	1 Each	40	63	1	2.41	0.67	16.25	0.22	0.05
MSD-ketchup pkts, Red Gold	1 each	50	10	25	0.00	0.0	2.0	0.0	0.00
Weighted Daily Average			633	1021	6.41	32.54	84.62	18.44	7.43
% of Calories						20.6%	53.5%	26.2%	10.6%
Nutrient Guideline			600-700	1360					<10.00

Weighted Average			653	913	7.54	30.43	93.20	17.99	6.33
						18.6%	57.1%	24.8%	8.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	653		600 - 700	100%				
Sodium 1 (mg)	913		1360	67%				
Sodium 1a (mg)	913		1225	75%				
Fiber (g)	7.54							
Protein (g)	30.43	18.64%						
Carbohydrate (g)	93.20	57.09%						
Total Fat (g)	17.99	24.79%						
Saturated Fat (g)	6.33	8.73%	<10.00%					

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